

# LYDIA PERAKIS

Dance Performer | Choreographer | Educator | Entrepreneur

## STAGE CREDITS

### In process with Lucia Gagliardone

"Pageant of the Ferns"  
Star Mountain Amphitheater  
2023 (currently)

### Love Moves Performer

#### By Hsiao-Ning Liao

3 Dollar Bill  
2023

### DanceAction Artistic Associate

#### By Carmen Caceres

"Welcome to Imagi\*Nation"  
The Center at West Park  
2021-2022

### Neon Circus

Performed alongside live Dj sets  
The Brooklyn Monarch  
2022

### Soho Playhouse Variety Show

Burlesque act with Lola Selsky  
Soho Playhouse  
2022

### Co+Life

#### By Elizabeth Dishman

Center for Performance Research  
2021

### The Yonis

#### By Hayle Jayne Gash & Isobel Ripley

Purgatory  
2020

### New York Fashion Week

#### By CocoonDance Company

"From Trash to Treasure"  
Pearl River Mart  
2019

### 14th Provincetown Dance Festival

#### By Cayleen Del Rosario

"Boneyard"  
Provincetown Theater  
2019

### Second Avenue Dance Company

#### By Christina Robson, Jeremy Nelson,

#### Arnie Zane & Bill T. Jones

Jack Crystal Theater 2018-2019

## FILM & MUSIC VIDEO CREDITS

### Dancer & Supporting Actress

"American Girl Doll" (Music Video)  
Music Artist: Emma Holzer  
Choreographer: Sarah Mitchell  
2023

### Dancer & Actress

"Vamp Project" (Short Film)  
Side Eye Productions  
2022

### Lead Dancer & Actress

"LUX" & "Ferox" (Music Video)  
Music Artist: NOAMS  
Directors: Daney Kang & Elle  
Costanzo  
2019

## SELF-CHOREOGRAPHED WORK

### "ESTIA/reimagined"

Lydia's **personal artistic practice**  
performed as a solo in the following  
spaces  
Danspace Project, Bridge for Dance,  
Green Space Studio, Gowanus Arts  
Annex, Brooklyn Bridge Park (Current  
Showcase), Salvatore LaRussa Dance  
Theater, Mignolo Arts Center,  
Harvesting Performance Salon  
(2018-2022)



## CONTACT

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## EDUCATION

### New York University Tisch School of the Arts

Bachelor of Fine Arts in Dance  
Minor in Child and Adolescent  
Mental Health Studies  
(2016- 2019)

## SPECIAL SKILLS

- Bilingual (Greek & English)
- Acting
- Comedy Improv
- Burlesque
- Pole Dancing (BEG)
- House & Stage Management
- Arts Administration

### Founder & Artistic Director

ESTIA Creative Home  
www.estiacreativehome.com  
@estiacreativehome